



Port Wallis United Church  
invites you to join us for a special presentation  
hosting by our Affirming Committee



# From Disclosure to Support: Creating a Safe Space for Mental Health Conversations

Learn to build nurturing environments where individuals  
feel secure to share their mental health experiences.

with **Sarah Parker**

*Mental Health Awareness Speaker & Advocate*

SAT  
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27  
2 - 4 PM

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[www.PortWallisUnitedChurch.ca/SARAH](http://www.PortWallisUnitedChurch.ca/SARAH)



More information 902-435-3644



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